

JOURNEYS *with Nikki*
Experience India.
With an American of Indian ancestry.



REJUVENATE WITH AYURVEDA

KOCHI, MUNNAR, TEKKADY, ALLEPY, AYURVEDIC RESORT

Email: journeyswithnikki@gmail.com

Phone/ Text/ WhatsApp - +1 904-990-6499



ENJOY YOUR NEXT JOURNEY *with Nikki*

RELAX AND REJUVENATE WITH AYURVEDA

KOCHI, MUNNAR, TEKKADY, ALLEPY, AYURVEDIC RESORT

11 DAYS | 12 GUESTS | DATES TO BE DECIDED

#SOUTH INDIA | WELLNESS | CULTURE | PHOTOGRAPHY |

ACTIVITY LEVEL: 5 - 8 (ON A SCALE OF 10)

JWN Overview – South India has its own distinct flavor and culture. From the hill stations to the backwaters, the fishing and Ayurveda, it is a unique side to the country. This Journey allows you to rejuvenate your body with 3 days of immersion in an award-winning Ayurveda resort.

What Is Ayurveda? It is one of the world's oldest medical systems and remains one of India's traditional health care systems. With historical roots in the Indian subcontinent and based on ancient writings that rely on a holistic approach to both to physical and mental health, Ayurveda believes that the entire universe is composed of five elements: Vayu (Air), Jala (Water), Aakash (Space or ether), Prithvi (Earth) and Teja (Fire). Ayurveda features a large use of herbs, spices, oils, massages, and meditative practices, and forms a whole spirit-body system with Yoga.

*“Traveling leaves you speechless,
then turns you into a storyteller.”*



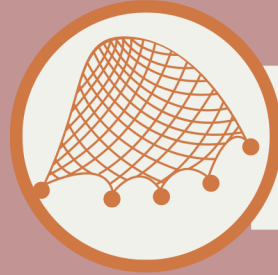
RELAX AND REJUVENATE HIGHLIGHTS



NILGIRI THAR



**WILDLIFE
SANCTUARY**



**CHINESE FISHING
NETS**



BACKWATERS



**STAY ON A
HOUSEBOAT**



**AYURVEDIC
RESORT**

- For many travelers, Kerala is South India's most serenely beautiful state. The slender coastal strip is a languid network of glistening backwaters; and the spice and tea-covered hills of the Western Ghats, dotted with fiercely protected wildlife reserves and cool hill stations such as Munnar.
- See the Nilgiri Thar, a near extinct animal found in the Western Ghats. WWF estimates roughly 3000 Thar still in existence.
- Savour Thekkady and the Periyar Wildlife sanctuary, a haven for wildlife enthusiasts and nature lovers.
- Enjoy the scenic beauty of Kerala's backwaters, lush green paddy fields, and villages. Spend the night on a houseboat on the backwaters of Alleppey.
- Visit attractions like Fort Kochi, St. Francis Church, Chinese Fishing Nets, and the Mattancherry Palace in Kochi.
- Spend 4 heavenly days in an award-winning Ayurvedic resort rejuvenating your body and soul.

“Don’t be that person who is too busy when you are young and then too tired when you are old.”

WHY TRAVEL YOUR NEXT JOURNEY

with Nikki

Explore the world, one destination at a time



- **Nikki Powell** is an Indian by birth, and has lived several decades in India.
- Using the canvas of Cinema, Nikki has been a teacher and storyteller all her life. **An established storyteller.** And we all know how good storytellers can grip us. Nikki is an **award winning filmmaker.** She is a **warm and hospitable human being**, an **excellent organizer** who is also an **outstanding communicator.** She’s got your back covered!
- She has **lived in the US** with her American husband for the past 10 years and is familiar with both the Indian and American cultures. Having lived in different parts of US, she has **experienced** different parts of the country.
- She speaks **fluent English**, as good as any native. She also speaks **fluent Hindi**, the national language of India and a spattering of other local languages.

We help make your tour a unique experience
JWN



- Long before you start your travels, we start your experiential journey with you. The group will meet virtually and start getting to know each other.
- You will be given some basic written material to read and videos of India to help you familiarize yourself with the history and culture of the region you're visiting.
- You will be guided to basic language courses that will allow you to learn the basics of the local language so you can enjoy basic communication with the locals. You might be able to strike a great bargain with these skills too!
- If you wish to, you can join our three hour course in photography that will allow you to take better photographs when you're there, suitable for social media and also for serious photographers.
- We want to make sure we are a good fit for each other! Schedule a call with us! Talk to Nikki!

INDIA

CHOOSE YOUR NEXT JOURNEY

with Nikki

Explore the world, one destination at a time



INCLUDED IN YOUR JOURNEY COSTS

- Airport transfer to hotel
- All accomodation, as per itinerary
- Twin occupancy, 4 star and above hotels
- Option for 'My Own Room' (charges apply)
- All meals listed as per itinerary
- Entry ticket costs to monuments
- Local transportation, including domestic flight
- Professional, local guides
- Entrance fees to all monuments listed
- Lunch with local family
- FREE TIME to explore
- Daily breakfast
- Lunches and dinners, as per itinerary



NOT INCLUDED IN JOURNEY COSTS

- Roundtrip airfare from your home country to International Airport in India
- Travel insurance
- Items of a personal nature
- Meals not listed in itineraries
- Optional excursions and tours, activities not listed above
- Gratuities and tips for personal services
- Drinks
- Expenses not mentioned in itinerary

What are your NEXT STEPS



FIND OUT MORE DETAILS

Contact Nikki for more details. Phone/text/WhatsApp - 904-990-6499
Email - journeyswithnikki@gmail.com



RESERVE YOUR JOURNEY

Choose your payment options, make a down payment and reserve your spot on the tour. We only take a limited number of travelers on a journey. We need a minimum of 5 people to confirm a journey.



PASSPORT AND VISA

Ensure you have a valid passport. US citizens will need to get an e-visa a week in advance of travel.



FOLLOW YOUR PREP PACKAGE

On booking your tour, you will receive a prep package that will help you prepare for your trip.

EXPLORE THE WORLD with JWN



TRAVEL INSURANCE

- Your trip is a BIG investment. Consider travel insurance, if you can't afford to lose money you are investing to travel.
- We encourage you to do your due diligence by researching and finding the best plan for your individual situation.
- For your convenience, we have suggested a few Travel Insurance companies below. Please ensure they suit your needs before going with their plans.
- Ensure you inquire about a “Cancel For Any Reason” plan.
- Travel Guard
- Allianz Travel Insurance



RESERVE YOUR SEAT

- Traveler must make a non-refundable deposit payment of \$500 at time of registration to secure their spot.
- Minimum monthly payment of \$400 is required every month until paid in full to keep your reservations current.
- Contact Nikki for other details



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SCHEDULE A CALL WITH NIKKI

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RESERVE YOUR PLACE ON THE JOURNEY

A minimum non-refundable deposit of \$500/- to secure your spot.

Choose your payment option and reserve your spot on the tour. Limited seats available.

INDIA